



### 8.30-10.00am Registration

### 10.00-17.45

**Introduction to Sustainability:** Jenna Holliday, Gender researcher and practitioner for UN Women

- The UN Sustainable Development Goals
- Sustainability Themes for the Bootcamp: Water, Energy, Nature, Transport, Wellbeing, Food, Resources

**C-Me Personal Profiling:** Rhian Sherrington, Career and executive coach (ACC) and award-winning author

- Understand your own and others' preferences
- How to interact effectively with others

**Confidence Building Workshop:** Rhian Sherrington

**Emotional Resilience Session:** Gemma David, PHSE Consultant

**Inspirational Speakers:** Eleanor Shipman, Founder of Something Good, Something Useful; Katie Finnegan-Clarke, Social Justice Campaigner & Innovator.

### Evening Activities 17.45-21.00

**Individual C-Me Sessions:** Rhian Sherrington

Dinner with Special Guests from the Sustainability Industry

### Optional Sessions:

- Talk By author Subitha Baghirathan on her book 'The Colours of Sand', discussing Gender & Racial Equality
- Art & Creative Activities
- Film Screening: Demain (1<sup>st</sup> Half)

## Catalyst Bootcamp

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Clifton Hill House,  
Bristol, BS8 1BX

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22<sup>nd</sup> – 24<sup>th</sup>  
August, 2017

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Day 1

22<sup>nd</sup> August

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'Envisioning  
Change'

**9.00-17.45**

**Exploring the Programme Themes with Industry Mentors:**

- Transport – Vicky Stone, Sustrans
- Wellbeing – Chloe Tingle, CEO, No More Taboo
- Food – Sara Venn, Horticulturist, writer, food activist
- Resources – Nicci Peck, CEO, The Sofa Project
- Nature – Matt Harcourt, Avon Wildlife Trust
- Energy - Nikki Jones, Researcher/Writer
- Insight into Mentors' Careers & Organisations
- Q&A Opportunities
- Problem Solving Activities & Skill Development

**Communications Skills - Becoming an Effective Storyteller:**

Rachel Savage, Founder, Brand New Story

**Inspirational Speakers:** Amy Robinson, Business Development Manager, Triodos Bank; Marti Burgess, Head of Corporate SME, Gregg Latchams; Rachel Quinn, Senior Environmental Advisor, Skanska

**Evening Activities 17.45-21.00**

**Individual C-Me Sessions:** Rhian Sherrington

Dinner with Special Guests from the Sustainability Industry

**Optional Sessions:**

- Opportunity to Join a Focus Group with Chloe Tingle
- Art & Creative Activities
- Film Screening: Demain (2<sup>nd</sup> Half)

**Catalyst  
Bootcamp**

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**Clifton Hill House,  
Bristol, BS8 1BX**

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**22<sup>nd</sup> – 24<sup>th</sup>  
August, 2017**

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**Day 2**

**23rd August**

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**'Inform & Explore'**

Catalyst  
Bootcamp

School of  
Education, 35  
Berkeley Square,  
Bristol, BS8 1JA

22<sup>nd</sup> – 24<sup>th</sup>  
August, 2017

Day 3  
24<sup>th</sup> August

'Becoming a  
Change-Maker'

9.00 - 16.30

**Pledge Skills Workshop:** Dave Jarman Teaching Fellow in Entrepreneurship & Innovation, Ann Padley Teaching Fellow in Design Thinking, University of Bristol

After 2 days of inspiration from people working for a more sustainable future, this session will help you make your own sustainability pledge. Including:

- Exploring your personal passions, skills and future plans
- Discussing the problems and opportunities you see in the world.

You will work together, taking a human-centred approach to gain inspiration from one another, develop ideas and get feedback before making your pledge.

**Developing Your Change-Maker Pledge:** Mena Fombo, Coach, facilitator, motivational speaker and activist

**Pledge Presentations & Closing Celebrations**