



8.30-10.00am Registration

10.00-17.45

Introduction to Sustainability: Jenna Holliday, Gender researcher and practitioner for UN Women

- The UN Sustainable Development Goals
- Sustainability Themes for the Bootcamp: Water, Energy, Nature, Transport, Wellbeing, Food, Resources

C-Me Personal Profiling: Rhian Sherrington, Career and executive coach (ACC) and award-winning author

- Understand your own and others' preferences
- How to interact effectively with others

Confidence Building Workshop: Rhian Sherrington

Emotional Resilience Session: Gemma David, PHSE Consultant

Inspirational Speakers: Eleanor Shipman, Founder of Something Good, Something Useful; Katie Finnegan-Clarke, Social Justice Campaigner & Innovator.

Evening Activities 17.45-21.00

Individual C-Me Sessions: Rhian Sherrington

Dinner with Special Guests from the Sustainability Industry

Optional Sessions:

- Talk By author Subitha Baghirathan on her book 'The Colours of Sand', discussing Gender & Racial Equality
- Art & Creative Activities
- Film Screening: Demain (1st Half)

Catalyst Bootcamp

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Clifton Hill House,
Bristol

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22nd – 24th
August, 2017

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Day 1

22nd August

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'Envisioning
Change'

9.00-17.45

Exploring the Programme Themes with Industry Mentors:

- Transport – Vicky Stone, Sustrans
- Wellbeing – Chloe Tingle, CEO, No More Taboo
- Food – Sara Venn, Horticulturist, writer, food activist
- Resources – Nicci Peck, CEO, The Sofa Project
- Nature – Matt Harcourt, Avon Wildlife Trust
- Energy - Nikki Jones, Researcher/Writer
- Insight into Mentors' Careers & Organisations
- Q&A Opportunities
- Problem Solving Activities & Skill Development

Communications Skills - Becoming an Effective Storyteller:

Rachel Savage, Founder, Brand New Story

Inspirational Speakers: Amy Robinson, Business Development Manager, Triodos Bank; Marti Burgess, Head of Corporate SME, Gregg Latchams; Rachel Quinn, Senior Environmental Advisor, Skanska

Evening Activities 17.45-21.00

Individual C-Me Sessions: Rhian Sherrington
Dinner with Special Guests from the Sustainability Industry

Optional Sessions:

- Opportunity to Join a Focus Group with Chloe Tingle
- Art & Creative Activities
- Film Screening: Demain (2nd Half)

**Catalyst
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Day 2

23rd August

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'Inform & Explore'

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Day 3

24th August

'Becoming a
Change-Maker'

9.00 - 16.30

Pledge Skills Workshop: Dave Jarman Teaching Fellow in Entrepreneurship & Innovation, Ann Padley Teaching Fellow in Design Thinking, University of Bristol

After 2 days of inspiration from people working for a more sustainable future, this session will help you make your own sustainability pledge. Including:

- Exploring your personal passions, skills and future plans
- Discussing the problems and opportunities you see in the world.

You will work together, taking a human-centred approach to gain inspiration from one another, develop ideas and get feedback before making your pledge.

Developing Your Change-Maker Pledge: Mena Fombo, Coach, facilitator, motivational speaker and activist

Pledge Presentations & Closing Celebrations